

E Safety

The internet has changed all of our lives, particularly our children's. Parents and carers, and teachers too, need to be active in protecting our children from unwanted influence and content. For many of us, this can all be a bit too much.

You might be struggling to keep up with the things your child is doing online. You might wonder whether what they are doing is safe, and you might also be thinking *how can I be as good a parent online as I am offline?*

Top Tips

Talk to your child about what they're up to online.

Watch Thinkuknow films and cartoons with your child.

Keep up-to-date with your child's online activity.

Set boundaries in the online world just as you would in the real world.

Keep all equipment that connects to the internet in a family space.

Use parental controls on devices that link to the internet, such as the TV, laptops, computers, games consoles and mobile phones.

Set limits on the time spent on all these devices. Find something better to do!

Useful telephone numbers

Police: 101

NSPCC helpline (24hr): 0808 8005000

Child protection emergency number for Norfolk: 0344 800 8020

Useful websites



NSPCC - <http://www.nspcc.org.uk/inform>



Child online protection - <http://www.thinkuknow.co.uk/>



Norfolk safeguarding board

<http://www.nscb.norfolk.gov.uk/>

The job of protecting children isn't just for professionals. We are all responsible for safeguarding our children. Let's work together.



The Swallowtail Federation of Church Schools

Catfield 01692 580568
Hickling 01692 598355
Sutton 01692 580608

Safeguarding Guide for parents

At Swallowtail, we are committed to helping all children thrive and flourish. We will do everything we can to ensure our children are safeguarded and protected from harm.



Safeguarding Children in Education

What does safeguarding mean?

Every child has the right to be safe from harm and danger. It is everyone's responsibility to ensure every child is free from fear and able to learn and develop in safe, secure environments.

Why am I being given this information?

All parents and carers who join our school will be given this leaflet. This leaflet explains what to do if you are worried about any child or young person.

What is child abuse?

A child is abused when a parent, carer, other family member or another adult known to the child deliberately causes harm, neglects or fails to protect their child from harm. Harm may be physical, sexual, emotional or may take the form of neglect.

How you can work in partnership with us

Children will get the most out of their education when we all work together on every issue. This means that both school and home have to have good communication links. Please let us know about anything that might affect your child. We will do all we can to help. Let us know if your child has a medical condition or has had an accident. Also, please let us know if your child will not be coming into school by

ringing us on the first day they are absent. If you move house or out of the area and don't need your place at our school please let us know this too.

What can you expect from us?

- We aim to provide a safe environment in which your child can learn. We make every effort to comply with safeguarding legislation and guidance.
- We will take good care of your child while they are with us. We will talk to you about anything we see that we are worried about.
- We will keep accurate up to date records.
- If your child transfers to another school we will share important information with them that will help to support your child's move.
- We will contact you if your child is absent and you haven't let us know why.
- We will respond promptly to any problem you tell us about.
- Our staff will offer support and assistance whenever you need it.

Are you concerned about a child?

It is important to take action straight away if you think a child you know is being harmed. **You Could:** talk to a designated person at school, or phone the local children's services department or the police. (Useful numbers overleaf.)

Our Designated Safeguarding Leads are:

Headteacher: Ms Jo Nutbeam
Deputy Head: Ms Julie Wones

Heads of Schools:

Ms Ashley (Sutton)
Ms Arnold (Hickling)
Mrs Butcher (Catfield)

Angie Johnson - 07770581706
Safeguarding Governor