



The Swallowtail Federation of Church Schools

## ‘Nature is one of our greatest teachers.’

Dear Parents/Carers

We are very excited to be starting Forest School at Hickling on a **Wednesday morning**. We have great school grounds and are so lucky to have so much outside space, which is the ideal location for us to go out and explore, have fun and learn!

Forest School is an inspirational concept providing learning opportunities through practical activities in an outdoor environment. Children enjoy the freedom to explore and experience the natural world in all seasons and in all weathers. Forest School embraces an approach of nurturing, supporting and developing the self-esteem of participants. It is an ideal environment in which to develop innovation, problem solving, risk taking, creativity and teamwork. Forest School sessions will be led by myself, and supported by Mrs Ward and Miss Turner.

To allow the children to participate fully, the correct clothing is essential for Forest School. All children need to have:

- Wellingtons/sturdy walking boots
- Waterproof coat (waterproof trousers are available to borrow at school)
- Sun hat or woolly hat/gloves (depending on the weather!)

Our first session will be next week, 14<sup>th</sup> September. Please come and see me if you have any questions.

Yours sincerely

Ms Wones